

FEBRUARY 2012

Kid's Way Cafe Elementary Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**We Offer Local
Produce on our
Rainbow
Offering Bar!**



Breakfast ¹
Cheese Omelet w/
Oven Potato Rounds
Lunch
Southwestern Taco Salad w/
Tortilla Triangles
Turkey Ham & Turkey on
Whole Wheat
Sweet 'n' Sour Chicken w/
Pineapple Brown Rice
Freshly Baked Pepperoni Pizza

Breakfast ²
Egg & Cheese English Muffin
Lunch
Poppin' Chicken Salad
American Sub Sandwich
Spaghetti w/Meatballs
w/ Green Beans
Pork Carnita w/
Whole Wheat Tortilla

Breakfast ³
Low Fat Yogurt & Fruit Parfait
w/ Graham Crackers
Lunch
Mandarin Chicken Salad
w/ Chow Mein Noodles
Veggie Wrap
Fish Nuggets w/
Oven Baked Potatoes
Freshly Baked Cheese Pizza

Breakfast ⁶
Breakfast Pizza Bagel
Lunch
Mandarin Chicken Salad
w/ Chow Mein Noodles
Veggie Sub
Chicken Patty on Whole Wheat
Fiesta Bean & Cheese
w/ Tortilla Chips

Breakfast ⁷
Scrambled Eggs w/
Homestyle Biscuit
Lunch
Mini Cobb Salad
Crispy Chicken Wrap
Cheeseburger on Whole Wheat
Breakfast for Lunch:
Waffles w/Fruit Topping
w/ Turkey Sausage

Breakfast ⁸
Whole Grain Pancakes w/
Fruit Topping
Lunch
Fajita Chicken Salad
w/Tortilla Triangles
Ham & Cheese on Whole Wheat
Beef Teriyaki Bites w/
Broccoli Brown Rice
Freshly Baked Cheese Pizza

Breakfast ⁹
Ham & Cheese on English Muffin
Lunch
Low Fat Yogurt & Fruit Parfait w/
Graham Crackers
Turkey & Cream Cheese Bagel
Sloppy Joe on Whole Wheat
Whole Grain Chicken Corn Dog

Breakfast ¹⁰
Cinnamon Roll
Lunch
Caesar Salad w/
Whole Wheat Roll
Tuna Salad on Whole Wheat
Chicken Tenders w/
Brown Rice
Freshly Baked Hawaiian Pizza

Breakfast ¹³
French Toast Sticks
w/ Warm Fruit Topping
Lunch
Classic Chef Salad
American Sub
Tomato Soup w/
Toasted Cheese Sandwich
Cheeseburger on Whole Wheat

Breakfast ¹⁴
Pork Chorizo Burrito
Lunch
Poppin Chicken Salad
Veggie Wrap
Chicken Patty on Whole Wheat
Crispy Beef Taco
Happy
Valentine's Day

Breakfast ¹⁵
Egg & Cheese English Muffin
Lunch
Southwestern Taco Salad
w/ Tortilla Triangles
Minnie Mouse Pinwheels
Hot Ham & Cheese Melt with
w/ Oven Baked Potato Rounds
Freshly Baked Pepperoni Pizza

Breakfast ¹⁶
Ham & Cheese Bagel
Lunch
Mini Cobb Salad
Tuna Salad Wrap
Pork Carnita w/
Whole Wheat Tortilla
Baked Chicken Bites w/ Corn

Breakfast ¹⁷
Fruit Muffin
Lunch
Black Bean Salad w/
Tortilla Triangles
Turkey & Cheese
on Whole Wheat
Vegetarian Rainbow Chili w/
Cornbread Muffin
Freshly Baked Cheese Pizza



Don't forget your friends on Valentine's Day!



Presidents' Day ²⁰

No School

Breakfast ²¹
Cheese Omelet w/
Turkey Canadian Bacon
Lunch
Caesar Salad w/
Whole Wheat Roll
Bagel w/ Cream Cheese
Baked Potato Bar
Italian Meatball Sub

Breakfast ²²
Waffles w/ Warm Fruit Topping
Lunch
Classic Chef Salad
Ham & Cheese Sub
Sloppy Joe on Whole Wheat
Freshly Baked Cheese Pizza

Breakfast ²³
Low Fat Yogurt & Fruit Parfait
w/ Graham Crackers
Lunch
Crispy Chicken Salad
Tuna Salad on Whole Wheat
Turkey Gravy w/
Mashed Potatoes
Cheeseburger on Whole Wheat

Breakfast ²⁴
Cinnamon Roll
Lunch
Low Fat Yogurt & Fruit Parfait
w/Graham Crackers
Turkey & Cheese Wrap
Chicken & Vegetable Fajita w/
Spanish Rice
Freshly Baked Hawaiian Pizza

Breakfast ²⁷
Breakfast Pizza Bagel
Lunch
Black Bean Salad w/
Tortilla Triangles
Ham & Cheese on Whole Wheat
Oven Baked Chicken Nuggets w/
Oven Baked Potato Rounds
Pork Enchiladas

Breakfast ²⁸
Turkey Sausage & Cheese
on Homestyle Biscuit
Lunch
Mini Cobb Salad
Crispy Chicken Wrap
Crispy Beef Taco
Cheeseburger on Whole Wheat

Breakfast ²⁹
Pork Chorizo Burrito
Lunch
Southwestern Taco Salad
w/ Tortilla Triangles
Turkey Ham & Turkey on
Whole Wheat
Sweet 'n' Sour Chicken w/
Pineapple Brown Rice
Freshly Baked Pepperoni Pizza

**An additional
assortment of low &
non-sugared Dry
Cereal, Bagel with
Cream Cheese and a
Hot Healthy Oatmeal
Bar are offered daily
for breakfast.**

**A variety of fresh
fruits and/or
vegetables are
provided at every
meal on the
Offering Bar. Non
Fat and/or Low Fat
Milk is available
at every meal.**



Red Baron Pizza Days

Abraham Lincoln - 17th
Hoover - 10th
Jackson - 17th
Jefferson - 3rd
Lone Pine - 3rd
Roosevelt - 17th

Griffin Creek - 3rd
Howard - 10th
Jacksonville - 10th
Kennedy - 3rd
Oak Grove - 17th
Washington - 10th

Wilson - 10th



This Institution is an equal opportunity provider ~ Menu Subject to Change



The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-3900 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-M, White House Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

